

SHARP News



CDC Publishes Revised Guidelines for HIV Counseling, Testing, and Referral: Training and CEUs Are Available

The revised guidelines (Vol. 50 / No. RR-19 MMWR online at http://www.cdc.gov/hiv/ctr/default.htm) replace CDC's 1994 guidelines, HIV Counseling, Testing, and Referral Standards and Guidelines, and contain recommendations for public- and private-sector policy makers and service providers of HIV counseling, testing. and referral (CTR). To develop these guidelines, CDC used an evidence-based approach advocated by the U.S. Preventive Services Task Force and public health practice guidelines. The recommendations are based on evidence from all available scientific sources; where evidence is lacking, opinion of "best practices" by specialists in the field has been used. Among the recommendations is training of health care providers, auxiliary health care professionals, and health educators in client-centered counseling (page 21,24).

Distance Learning - CEUs: This MMWR contains two articles, each with a continuing education examination. Each examination is printed on blue paper and placed directly after its accompanying article. The first examination is labeled RR-19a1, and the second is labeled RR-19a2. Please make sure you complete and

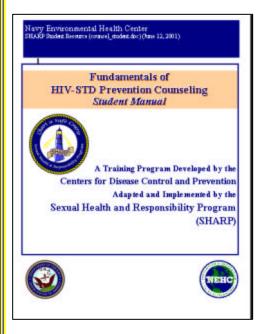
Revised Guidelines for HIV Counseling,
Testing, and Referral

Revised Recommendations
and
Reports

Revised Recommendations
for HIV Screening
of Pregnant Women

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submit the correct response form for the article for which you want to receive continuing education credit. You may take both examinations and receive credit for both articles.



Classroom Training – CEUs: The client-centered counseling model recommended in this Guideline is taught to Navy health care professionals by your SHARP Team. This course is designed to improve the ability of providers in a variety of settings to support individuals in making behavior changes that will reduce their risk of acquiring or transmitting HIV and other sexually transmitted diseases. There is no registration fee. The course is based on Project RESPECT, a study that meets CDC's HIV/AIDS Prevention Research Synthesis project criteria for relevance and methodological rigor and also has positive and significant behavioral/health findings. Counselors learn how to help clients identify their risks, understand their options, and develop a plan to reduce their risk of reinfection. Continuing education credit awarded for completion: 13.5 CEU: 14.8 CNE.

For more information about this excellent 2-day course, click on "Fundamentals of HIV-STD Prevention Counseling Course" on-line at <a href="http://www-

nehc.med.navy.mil/hp/sharp/education&training.htm.